

Recommended Gear for Streams Field Trip Deep Creek and Raging River

Weather Notes:

We go rain or shine. In May, it can be A) nice B) tolerable C) nasty. Be prepared for the worst: **freezing cold downpour.**

Footwear:

**Sturdy hiking-type boots or rubber boots, something to keep feet dry and warm
***Heavy warm socks, and if your shoes leak, a change of socks for afternoon
You will be standing in streams (in heavy waders) so warm socks are important.

Raingear:

Jacket that really sheds the rain, rather than one that soaks up water
A umbrella is often very useful, you can hide under it. We will bring a few.

Extremities:

***Wool or polypro hat, a big fat one
***Gloves that stay warm when wet.
Muffler/neckwarmer/mambosock if you tend to be cold

Other clothes:

The layered look, bottom and top, is the best way to keep warm.

Food and Drink:

No shopping on the trip, bring all food for all day, including meals and snacks.
No microwave, all meals should be ready to eat.
No shopping on the trip, bring all liquids for all day (hot coffee, water, etc.)

Supplies:

You provide: pencils pre-sharpened, a few sheets of scratch paper or small notebook, plastic grocery bag.

We will provide hip waders, measuring tapes, stadia rods, velocity meters, CBLs, dedicated calculators, clipboards, ski poles for support in streams.

Walking:

Minimal walking on road and trail, but one short stretch to Deep Creek is steep and slippery when wet. Stream scrambling!

Restrooms

Fewer opportunities than last time unfortunately. Before getting on the vans, yes. In the woods during the day, yes. At Cougar Mountain, High Point, around 1 p.m., yes. At gaging station, no. At Issaquah fish hatchery, perhaps.